

Soft collars are made out of felt. They are cut to mould around the neck and jaw of the patient, the size being adjusted to the patient. These collars do not completely immobilise the neck however, they restrict motion and are a kinesthetic reminder for the patient to reduce neck movement. Since the collar is under the chin and supports the chin, it minimises muscle contraction needed against the gravity forces to keep the head in a normal position. This type of collar does not truly immobilise the neck. It only limits flexion and extension in the end phase. These collars are a close fit around the neck restricts perspiration.

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